

Resilience

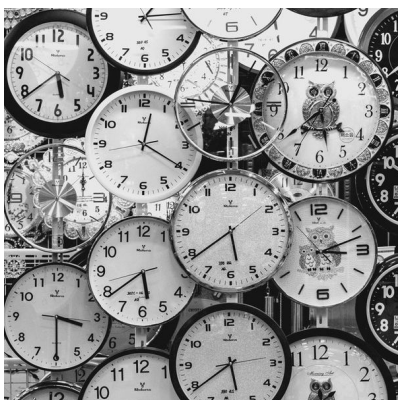
Healing Energy by Sue Aumer

UPDATE: Response to COVID-19

In light of the seriousness of the unfolding situation and the recent [#StayHomeMN](#) initiative intended to flatten the curve of the COVID-19 pandemic, **Resilience is closing immediately**. It will remain closed until epidemiological experts have determined the need for quarantine has passed.

If you have an upcoming session scheduled, no need to do anything. I will cancel it for you and you will receive a cancellation notification. All advance payments for canceled sessions will be refunded.

While Resilience is closed, I am **offering distance healing energy every day to anyone who would like it**. As part of my daily meditations, I typically send distance healing specifically to those who have formally requested it as part of my volunteer work with the [Global Remote Healing Network](#). If you would like to receive this energy, too, just set an intention to do so and it will come to you wherever you are and whenever you are ready.



BRIEF OVERVIEW OF DISTANCE HEALING

Shamans have performed distance healing for millennia. Today's energy workers also frequently offer this service.

What shamans and energy workers know and quantum physics is just beginning to understand



is that not only is everything energy but also time and space are unfixed and fluid.

Though humans interpret time as linear and objects as separate entities, this is just an illusion, the result of our body's limited perceptual abilities.

Many who seek healing prefer in-person sessions possibly because of the personal interaction with the practitioner or the complementary therapies available. However since healing energy is not bound by time and space, distance healing can be every bit as effective as that received in-person.

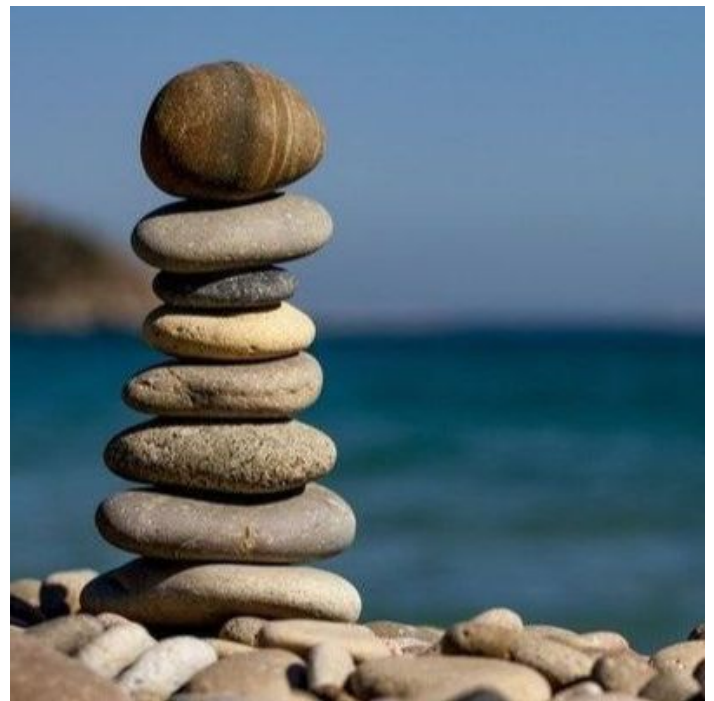
I hope you find value in distance healing energy and that you stay well!

**Thank you
for your business!**

Sue Aumer
Usui Holy Fire® III Reiki Master /
energy worker

**"The wound is the place
where light enters you." -
Rumi**

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