



Upgrades at Resilience

REIKI UPGRADE

In January, I earned my **Usui Holy Fire III Reiki Master** certification! With the new tools and experience I gained through completing the required intensive training, my ability to read and work with energy has increased significantly. I am excited to use my upgrade to maximize the healing benefits of Reiki for all my clients!

COMPLEMENTARY THERAPIES



Since late December, clients are receiving deep penetrating heat and negative ion therapies with each of their Reiki sessions. These therapies work synergistically with the healing effects of Reiki.

During their sessions, clients recline on a comfortably padded, full-body far-infrared mat with embedded jade and tourmaline crystals. The level of heat therapy provided by the mat is customized based on the individual needs and preferences of the client.

These therapeutic session upgrades are getting very positive reviews. Clients report experiencing increased relief of joint and muscle pain as well as enhanced relaxation and stress reduction.

For more information on these complementary therapies, visit the [FAQ page](#) on the Resilience web site. There is no additional charge for receiving these therapies during your Reiki sessions.



SPECIAL VALUE for individuals requiring intense healing such as those with chronic pain.

If you receive **three sessions** of the same length in any **six week period**, your **third session is free**.

*Thank you for your business,
your feedback and for
referring friends and family.*

*It has been a privilege
growing my practice with you!*



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