

# Resilience

Healing Energy by Sue Aumer



## Distance Reiki / Healing Energy for Animals



To those who share their lives with animals:

I am excited to announce that Resilience now offers distance Reiki / healing energy sessions for companion animals!

I have always felt a strong connection with animals from the tiny frail birds I rehabilitated as a child, to the rescued horses with big personalities that I had the pleasure of working with, to the many dogs who have so willingly shared their lives,

their health challenges - and ultimately their transitions - with me.

Since my initial training in 2015, I have been doing animal healing and communication with only a few companion animals of close friends. In November 2019, I expanded into doing animal distance healing with a volunteer organization.

Then after completing Animal Reiki training and certification in June 2020, I felt I was finally sufficiently trained and seasoned to begin offering distance Reiki / healing energy for companion animals professionally through my practice.

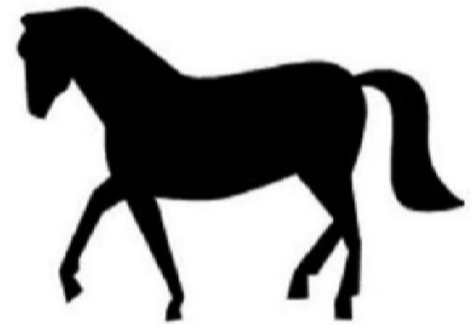
Sue Aumer

Reiki Master practitioner / energy worker

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## Reiki / healing energy for animals

Our companion animals benefit from Reiki / healing energy just as we humans do. This is not surprising since we are all part of the web of life and share in the same universal energy.



As with humans, animals receiving Reiki / healing energy can experience

- accelerated healing on multiple levels,
- reduced pain and discomfort,
- deep relaxation and better sleep, and
- improved well-being.

## What is a distance session for animals like?

Distance sessions for animals are a half hour in length. During their session, your companion animal needs to be free to move about in their usual environment. Depending on the species, this could be a room in your home, the backyard, a paddock, stall or bird cage.





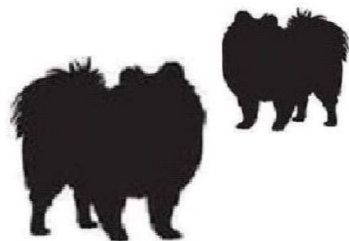
As the healing energy begins to flow, you may notice your animal beginning to show signs of relaxation typical for the animal's species or for your animal companion in particular such as slowed breathing, curling up, lowering of the head, grazing or falling asleep. When the energy work feels complete to your animal, you may notice relaxation ending and resumption of activities.

## **How many sessions will my animal need?**

As with humans, healing of any kind usually requires more than one session, but not always. And remember that even if your animal's health is not compromised, receiving Reiki / healing energy regularly can help your animal maintain physical and mental well-being.

## **What does a session cost?**

During the COVID-19 pandemic, sessions are free as my way of giving back during these difficult times. Afterward a small fee will be charged.



## **How do I schedule a session for my animal?**

Sessions are available in the afternoon and early evening on Mondays, Tuesdays and Thursdays as well as during the afternoon on Fridays and Saturdays. Check my availability and [schedule with me](#) right here!

## **Want more information?**



Please check out Resilience's [for animals](#) page or [message me](#) through my website.



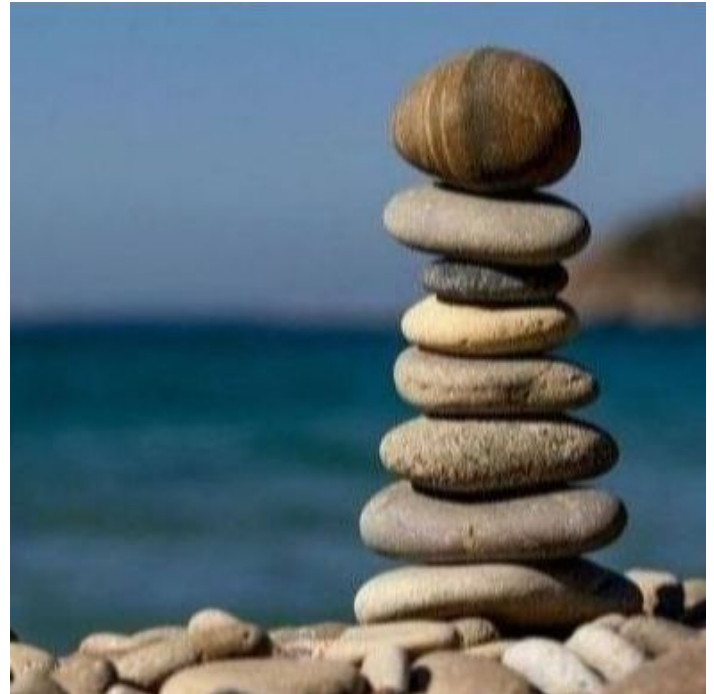
[Schedule a Session](#)

**Thank you  
for your business!**

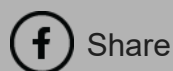
*Sue Aumer*  
Usui Holy Fire® III Reiki Master /  
energy worker

**"The wound is the place  
where light enters you." -  
Rumi**

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