



RESILIENCE IS SIX MONTHS OLD!

During these past six months, I've seen the impressive impact that Reiki healing energy has had on my clients. Many have reported significant stress and pain reduction, some have experienced improvement in their quality of sleep and others have been motivated to make healthy lifestyle changes. Reiki healing energy is truly amazing!

GROWTH

Since opening my practice, I've been learning new techniques and expanding my abilities to work with energy - thanks to my mentorship with Carol Lowell and Shamanic training from Timothy Cope.

As my experience with energy deepened, I began getting spirit messages for clients during nearly all sessions. These often come from their guides or ancestors, and are relayed to me in the form of colors, pictures, words, sounds or music.



It's a real privilege to be a conduit for these communications!

THE FUTURE

My goal for now is to keep my practice small, personal and home-based, though I may participate in a limited number of local events focused on healing. I anticipate a small growth in my client base largely from word-of-mouth referrals.

I'm dedicated to continually enhancing my energy work. I'm especially excited about the Advanced Reiki and Reiki Master Teacher training I'll be taking in January, and about continuing mentorship and expanding my healing experiences with Carol Lowell.



AS REQUESTED ...

I now offer **60 minute** sessions as well as **30 and 45 minute** sessions.

THANKS!

Thank you so much for your business, for referring friends and family, and for posting reviews. It has been an honor working with you!!

*I appreciate all of your support,
personal as well as professional,
as the seed of the practice I
envisioned many months ago is
finally taking root and growing!*



Contact / Schedule a Session



Want to change how you receive these emails?
You can [update your preferences](#) or [unsubscribe from this list](#).

This email was sent to [*|EMAIL|*](#)
[why did I get this?](#) [unsubscribe from this list](#) [update subscription preferences](#)
[*|LIST:ADDRESSLINE|*](#)

[*|REWARDS|*](#)